



New initiation in Prasuti Tantra Striroga

1. New initiation in Uttar basti:

- A. Basic knowledge regarding uttar basti like- indications, contra indications, benefits, and complications.
- B. Pre operative, operative and post operative care of Uttar Basti •
Proper pre operative, operative and post operative care is taken with all basic ailments.
- C. Recently we use Intrauterine insemination cannula inspite of Basti putak.
- D. Benefits of IUI Cannula —
1. Easy to operate
 2. Less post procedure pain
 3. Disposable
 4. Cost effective



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2. New initiation in Garbhini Paricharya-

- a. Especially in Garbh Sanskar, ANC card is issued to the pregnant lady with data of procedure and month wise progression.
- b. Educating the patient regarding benefits of garbhadhana vidhi, garbhini paricharya, garbhasanskar.
- c. Most of the pregnant ladies especially that belong to rural and remote areas are educated about garbhini paricharya, garbhsanskar etc so as to maintain health status of mother and fetus both.
- d. Do's and don't's are properly explained as a prime objective of Garbhini.
- e. Prasav counseling with pictorial representation and models.
- f. Before labor, the Garbhini is explained the complete process, mechanism, nature of labor pains, position of fetus, cervical dilatation and head presentation etc.




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